

## **LAKE HOMEOPATHIC CARE**

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Classical Homeopath  
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### **DIRECTIONS FOR USING HOMEOPATHIC REMEDIES:**

Put \_\_\_\_\_ pellets in lid of remedy vial and put pellets under tongue and let dissolve. Be careful not to touch mouth to lid of remedy vial. Repeat this \_\_\_\_\_ times per day or every \_\_\_\_\_ hours for \_\_\_\_\_ days.

Take remedy 15-30 minutes before or after food, but NOT with food. Mouth should be free of any flavors, odors, etc.

If possible, avoid menthol, strong mint (Vicks cough drops, etc) and other strong smells and odors which can interfere with the remedy working.

Take remedy as directed above or on vial if labeled. If you have questions call me at 529-0534. If you don't notice improvement after 24 hours, call to check in about a 2<sup>nd</sup> choice remedy or call for check in as you have been directed.